Questions to ask your oncologist

A one-page checklist for breast cancer appointments. Tick what you want to ask.

Diagnosis

☐ What exact type and stage is my cancer?

☐ What are my receptor results (such as HER2, oestrogen, progesterone)?

☐ Which tests are still to come, and when will I have the results?

Treatment

☐ What do you recommend, in what order, and why?

☐ What is the goal: cure, control or comfort?

☐ Is a clinical trial an option for me?

☐ How will we know it is working?

Side effects and support

☐ Which side effects must I report right away?

☐ Who do I call day and night?

☐ Who can help with the emotional side?

My top three questions (most important first)

1. _____

2. _____

3. _____

At the end, ask: "What is the most important thing I should remember from today?" and "What are the next steps, and when?"

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